My High School & Beyond Plan Student Handout

Name: _____   **Grade:** _____

School: _____   **Graduation Year:** _____

The High School & Beyond Plan is used to guide your high school experience and prepare you for postsecondary education or training and career. This plan is updated each year to reflect your assessment results, review of your high school transcript, and assess progress toward identified goals. Your plan can be revised as necessary for changing interests, goals, and needs.

Required elements of your High School & Beyond Plan

1. Identification of your **career goals** using a **career interest inventory**.
2. Identification of your **educational goals**.
3. **Personalized Pathway** plan and **credit check sheet.**
4. By the end of 12th grade, a current **activity log**.
5. If you have not met standard on your state assessment, meet with your homeroom advisor for additional pathway support.

1. CAREER INTEREST INVENTORY

A career interest inventory or assessment can be taken each year to learn about your career and educational aspirations.

► Career Bridge (http://www.careerbridge.wa.gov/Survey_Cluster.aspx)
► Career One Stop (https://www.careeronestop.org/toolkit/careers/interest-assessment.aspx)
► Advance CTE: Interest Survey for Career Clusters (https://careertech.org/student-interest-survey)
► US Occupational Outlook Handbook: (https://www.bls.gov/ooh/)

MY TARGETED CAREER INTERESTS:

_____

_____

_____

2. EDUCATIONAL GOALS

Using your career interests to guide you, educational goals for what you want to do after high school can be explored using the following postsecondary pathway links.

► 4-Year Public Colleges in WA state: http://www.wsac.wa.gov/college-admissions
► 2-year Community or Technical Colleges in WA state: https://www.sbctc.edu/our-colleges/search-college-programs/default.aspx
► 4-Year and 2-Year Colleges (Out of state/Private)
  o College Board's Big Future: https://bigfuture.collegeboard.org/

- o [Peterson's College Information Guide](#): https://www.petersons.com/college-search.aspx#/sweeps-modal
- ► [Programs of Study](#): http://www.k12.wa.us/careerteched/ProgramsofStudy.aspx
- ► [Industry Standard Certificate Program and Career Clusters](#): http://www.k12.wa.us/CareerTechEd/clusters/
- ► [Apprenticeship Programs](#): http://www.lni.wa.gov/tradeslicensing/apprenticeship/
- ► [Apprenticeship Program of Study](#): http://www.k12.wa.us/careerteched/pubdocs/ProgramsofStudyandApprenticeshipAlignmentGrid.pdf
- ► [Military Training](#): http://todaysmilitary.com/

MY EDUCATIONAL GOAL(S):

_____

_____

_____

MY PERSONALIZED PATHWAY REQUIREMENT (PPR) WORKSHEET (Class of 2019 and Beyond)

1. **How does my career interest connect with the courses I am taking or plan to take?**

    _____

    _____

    _____

2. **How do the courses I am taking or plan to take connect with my career pathway or college major?**

    _____

    _____

    _____

3. **Who will I work with about my goals, plan, and course choices?**

    _____

    _____

    _____

4. **What if I change my mind along the way? Who will I talk with about revising my plan?**

    _____

    _____

    _____

Sample High School Schedule

Elective Options

Freshman Schedule

Fall	**Spring**
English	English
Math	Math
Science	Science
Digital Info & Tech*	WA Hist./ World Hist.
Fitness and Conditioning	Fitness Lifestyle Design
Art Elective	Art Elective

Sophomore Schedule

Fall	**Spring**
English	English
Math	Math
Science	Science
Art Elective	Art Elective
Health	HOPE
Civics	Elective (Any course)

Junior Schedule

Fall	**Spring**
English	English
Math Elective	Math Elective
Science Elective	Science Elective
US History	US History
Foreign Language	Foreign Language
Elective	Elective

Senior Schedule

Fall	**Spring**
English	English
CWI	CWI
Foreign Language	Foreign Language
Elective	Elective
Elective	Elective
Elective	Elective

Art Electives

	Credit
Animation	1.0
Art History and Criticism	1.0
Digital Photo Imaging I*	0.5
Digital Photo Imaging II*	0.5
Music Appreciation	0.5
Creative Art	1.0
Fine & Performing Art	1.0

Electives worth 0.5 Credit

Creative Writing	Hospitality & Tourism*
Economics	Journalism (1.0 credit)*
History of the Holocaust	Digital Information Tech (sem. II)*
Human Geography	Law and Order*
Personal Psychology I/II	Leadership Skills I/II*
Bio Technology*	Workplace Experience *
Career Exploration*	Renewable Tech (1.0 credit)*
Criminal Justice*	Study Skills (college Success)*
Culinary Arts*	Veterinary Science*
Digital Media*	World Religions*
Early Childhood Education*	African American History (1.0)
Forensic Science I/II*	**Any Math/Art/Science Elective**

Foreign Language
Spanish I (1.0)
Spanish II (1.0)

Math Electives
Consumer Math (0.5)
Personal and Family Finance(0.5)
Pre-Algebra(1.0)
Algebra II(1.0)
Pre- Calculus (1.0)
Calculus (1.0)
Liberal Arts Math (1.0)
Probability and Statistics (1.0)

Other Elective Options
Any course that you have not previously earned credit for

Science Electives
Anatomy & Physiology (1.0)
Chemistry (1.0)
Earth/Space Science (1.0)
Great Minds of Science (0.5)
Physics (1.0)
Intro to Forestry/Natural Resources (1.0)*

*indicates a career and technical credit

<u>Use the following worksheet to plan your courses and choose your electives.</u>

Required Classes

*English (4 credits)	*Math (3 credits/through Algebra II)
*Social Studies (3 credits)	*Science (3 credits /2 lab)
*PE/Health (2 credits)	* Career Class (CTE) (1 credit)
*Fine Art (2 credits)	*World Language (2 credits – same language)
(1 may be PPR)	(Both may be PPR)
*Electives (4 credits)	

My chosen Pathway is _____

(I know I must take core classes and at least 2 courses within my Pathway)

HEALTH/SCIENCES
_____ Chemistry
_____ Physics
_____ Health
_____ Great Minds of Science
_____ Forensic Science
_____Veterinary Science
_____ Personal Psychology
_____ Bio Tech
_____ Renewable Tech
_____ Forestry & Natural Resources
_____Anatomy and Physiology

HUMAN SERVICES
_____ Early Childhood Development
_____ Hospitality and Tourism
_____ Culinary Arts
_____ Criminal Justice
_____ Law and Order
_____ African American History
_____ World Religions
_____ History of Holocaust
_____ Human Geography

BUSINESS/MANAGEMENT
_____ Economics
_____ Probability and Statistics
_____ Foundations in Personal Finance
_____ Personal and Family Finance
_____ Hospitality and Tourism
_____ Leadership

ARTS and COMMUNICATION
_____ Journalism
_____ Music Appreciation
_____ Digital Photography
_____ Creative Writing
_____ Study Skills
_____ Digital Media
_____ World Religions
_____ Fine and Performing Art IS
_____ Art History & Criticism
_____ Digital Information Tech
_____ Animation

I am on a 4-year college bound plan.   YES   NO

Together, we have reviewed the information and by signing below agree to the Plan.

X_____ Date _____
     Parent Signature

X_____ Date _____
     Student Signature

MY TRANSCRIPT AND PROGRESS REVIEW: You are required to review your grades/transcript and progress toward identified goals, and make revisions as necessary for changing interests, goals, and needs with your Homeroom Advisor.   Date: _____

1. ACTIVITY LOG

Your High School & Beyond Plan must include a completed résumé by the end of 12th Grade. A **résumé or activity log** is a good way to introduce yourself. You will usually need one if you are applying for a job, an internship, or scholarship, and one may be needed for a college application. A résumé or activity log summarizes who you are including, but not limited to your experience and your unique skills, talents, and leadership and/or athletic abilities.

CREATING A RESUME OR ACTIVITY LOG
A good résumé or activity log has four parts:

► **Contact information.** The top of your résumé or activity log should include your contact information. This information is often centered on the page. You might want to include your name in a larger point size or in bold so that it stands out. Make your résumé or activity log easy to read by using lots of white space and a font or point size that is larger than 11 point. Make sure your font is sans serif for better readability. Your contact information should include:
  – Name
  – Address (optional)
  – Phone number
  – E-mail address

► **Objective.** Why do you want a job? Why do you want to attend a postsecondary institution or be granted a scholarship? Your objective is a short statement, usually just one or two sentences.

► **Skills and Strengths.** In this section list your skills, interests and abilities. Even if you have never held a paid job before, you have skills. What are they? Maybe you have tutored younger students or know how to develop a web site. Maybe you have run for office at school or organized a school event. When you write about your skills and strengths:
  – Use short points rather than complete sentences. *(Example: Organized fundraiser for storm victims)*
  – Use action words. *(Examples: Led, organized, managed, designed, developed)*
  – Use soft skills to describe your strengths *(Examples: Friendly, communication skills, punctual, teamwork building, adaptability, problem solving skills, responsible, reliable)*
  – Use numbers and percentages to quantify your accomplishments. *(Example: Organized fundraiser for earthquake victims that raised $5,000)*
  – Mention your technical or computer skills. *(Proficient with Microsoft Office and Adobe Flash)*

► **Experience.** In this section, list your paid jobs, volunteer activities, and extracurricular activities, especially if these activities show your leadership, skills and/or dedication. Describe each briefly. You can also list awards or other recognitions you have received.

MY RESUME OR ACTIVITY LOG

You can use this guide to take notes and track information that can be used for your résumé or activity log.

Contact Information: (Make sure you list a number at which you can be reached and your email is professional.)

_____

_____

_____

Objective: (If you are applying for a job, describe why you want the job, and what you hope to learn. If you are not applying for a job right now, write that you want to put your skills to work in the community. If you are using your activity log for writing a personal statement for a college or scholarship application, more details about your leadership roles, goals, or special circumstances are needed):

_____

_____

_____

Skills and Strengths: (Remember, short points using action words. You should also list any Career and Technical courses, certifications, college credit, and pre-apprenticeship certifications.)

_____

_____

_____

_____

Experience: (Show your positions/titles, main responsibilities or things you did in the position, work or volunteer experience, and list your accomplishments in any school or community-based groups you've joined)

_____

_____

_____

_____

Activities/Athletics, Leadership Roles, Talents, Awards, Community Service: (Describe your positions and list your accomplishments in the groups you've joined.)

_____

_____

_____

_____

References: (list three references, including contact information that can speak to your work ethic or accomplishments, must be over 18 years of age.)

Name	Contact Information	Relationship

Grade 9	Grade 10
___Career and Educational Goals ___Personalized Pathway ___Credit Check Notes: _____Homeroom Advisor Signature	___Career and Educational Goals ___Personalized Pathway ___Credit Check Notes: _____Homeroom Advisor Signature
Grade 11	**Grade 12**
___Career and Educational Goals ___Personalized Pathway ___Credit Check ___Activity Log ___State testing attempted Notes: _____Homeroom Advisor Signature	___Career and Educational Goals ___Personalized Pathway ___Credit Check ___Activity Log ___State testing passed OR alternative pathway in place. Notes: _____Homeroom Advisor Signature